

Judi Adema, DHM, FBIH

Smithers, BC



Experience/education/practice in homeopathy: Like so many of you, my passion and interest in homeopathy was ignited after experiencing the gentle healing properties of this almost miraculous medicine. The journey that resulted beckoned me beyond where I would have imagined myself going, starting with the Vancouver Academy, continuing with correspondence courses from the Bengal Allen Medical Institute Overseas and later graduating from the British Institute of Homeopathy. My experiences with homeopathy have given me my life passion and work, which I shall never outgrow.

Past and present contributions to homeopathy: Since 2004 I have been involved with promoting homeopathy and raising the profile of homeopathy in our community. Recently I have had the privilege to serve as a member of the CSH Steering Committee to help advise and assist the Board in its decisions about establishing our new Society. In this capacity I have been involved with others in the goals and mission statement project and have spearheaded the drafting of our Code of Ethics and Conduct.

Non-homeopathic skills and experience relating to Board work: I would bring to this position skills that I have acquired as an appointed Trustee on the local hospital board and on the first Board of the Hospice in Smithers. These experiences prepared me for contributing on different levels of an organization, defining and prioritising goals, and establishing the practical logistics for developing different protocols so that the Board and committees can identify and implement a course of action.

Areas of interest in homeopathy: I would also like to do what I can to raise the profile of homeopathy across Canada, to educate people about the potential of homeopathy as a medical therapeutic, to support the advancement of professional homeopathy, to encourage education of the professional homeopath, and to protect and honor this profession.

Other life interests: My other interests revolve around my family. I also enjoy getting out in nature, taking long hikes with my dog, and I love books, music, and art.

Vision for CSH: My vision for CSH is to establish standards and guidelines that our members shall observe and to provide assurance to the public that Registered members have met criteria set down by this professional body and that a process is available to deal with any complaints that may arise. During this past year, homeopathy as a profession in Canada has faced serious media and government challenges and it is imperative that a united professional body present a strong, united response. Like so many of you my desire is to see homeopathy survive and flourish as a profession in Canada.

How you would contribute to CSH as a Director: I could bring continuity to the Board based on my involvement with the Steering Committee, such as continuing to help develop a framework and structure from which standards of ethical professional practice amongst homeopaths shall be encouraged. I would also be sensitive to and represent the interests of the many homeopaths living in small outlying communities across Canada.

Favourite aphorism: One of my favourite Aphorisms is #2, "The highest ideal cure is rapid, gentle and permanent restoration of the health, or removal and annihilation of the disease in its whole extent, in the shortest, most reliable and most harmless way, on easily comprehensible principles." This Aphorism reminds us of the noble profession we have been called to serve.