

**Juliana Barnard**, RMSH

Halifax, NS



**Experience/education/practice in homeopathy:**

Juliana Barnard graduated in 2000 from The School for Higher Studies in Classical Homeopathy (L'École des Hautes Études en Homéopathie Uniciste) in Montreal, having completed an extensive four-year program and internship adhering to stringent requirements established by the Syndicat professionnel des homéopathes du Québec (SPHQ). She first practiced in Montreal, then moved to Truro, Nova Scotia, and opened her practice there in 2004. As part of her practice, she facilitates 3 monthly study groups on homeopathy and wellness. In 2005, she presented 2 full-day workshops on homeopathy for pharmacists and technicians of Pharmasave Atlantic Canada.

**Past and present contributions to homeopathy:** Juliana served for four years as a member of the Executive Board of the SPHQ, the Quebec professional homeopaths' association with over 300 members. She is currently vice-president of the Maritime Society of Homeopaths. Early in her career, she translated *The Spirit of Homeopathic Medicines*, a book about key mental features of remedies by French pediatrician and homeopath, Dr. Didier Grandgeorge. Through her work with study groups, she now hopes to contribute to building a network of people who know homeopathy and use it regularly, which she sees as an essential foundation for the future of homeopathy.

**Non-homeopathic skills and experience:** Juliana previously worked for 12 years in the United States, Central America, and Mexico with various non-governmental and grassroots organizations, creating links of understanding and mutual assistance across borders. Through this work, she developed skills in organizing, communications, public education, and lobbying. She is fluent in English, French, and Spanish.

**Areas of interest in homeopathy:** Juliana's principal interest is to continually refine her work so she can be of the best possible assistance to any person who invites her into their healing process. She enjoys studying the various approaches to homeopathy, especially the work of the AFADH in Belgium and France.

**Other life interests:** What does Juliana love? Hiking, yoga, qigong, meditation, learning from nature and slowing down. Playing with her daughter and doing art together. Dancing and celebrations. Cooking good food and enjoying it with friends. Going to the Nova Scotia Art Gallery. Poetry. Moments of joy, sadness, and peace.

**Vision for CSH:** Juliana sees a great need to create a coast-to-coast organization which can bring together many voices in support of homeopathy. She would like to see a future in which the majority of Canadians know homeopathy well and use it regularly, both in consultation with professional homeopaths and at home for self-care. She would like to see CSH build a strong, dynamic organization with an active membership of professional homeopaths and supporters of homeopathy. She feels that the nature of our times makes it imperative to ensure the ongoing development and practice of homeopathy in our society and our world.

**How you would contribute as a Director:** Having been a member of the SPHQ Executive Board, Juliana will be able to share the experience she gained in terms of organization, membership, and public education. Her work with grassroots organizations also gave her much training in public education and involvement, political action, and communications. With her links to Quebec and her language skills, she would like to help create close ties between the CSH and the SPHQ, as well as looking towards international ties in the near future. She enjoys this kind of work and hopes it will bring benefit to many people, now and in the future.

**Favourite aphorism:** Aphorism 9.