



**Gaela Nelson**, DHom(UK)

**Nepean, ON**

**Experience/education/practice in homeopathy:** I am a graduate of the School of Homeopathy's International Program (Devon, UK). I have been practicing under supervision since 2004. I have also completed a one year postgraduate course/clinic offered by the Canadian Homeopathic Institute. I continue to attend seminars including Scholten, Sankaran, Norland, Snowdon. I feel that I will always be a student, and my patients are my greatest teachers.

**Past and present contributions to homeopathy:** I write a column in my community newspaper on Natural Parenting, which includes many articles about homeopathy. I have developed an information booth for use at trade shows and other events to promote homeopathy and have attended 4 trade shows with the booth in the past year. I attended an NHPD meeting in Ottawa on behalf of Christine Jambrosic, Canadian Representative for the School of Homeopathy. Also on behalf of the School of Homeopathy, I organized a seminar in Ottawa for Janet Snowdon.

**Non-homeopathic skills and experience:** I have prior experience with nonprofit organizations and have served on two boards of directors. I have been involved with environmental education campaigns and worked with progressive grassroots groups using consensus-based decision making processes. I have gained research and writing skills working with consulting firms and Health Canada.

**Areas of interest in homeopathy:** My practice focuses on women and 'natural parenting' of children, and I'm currently interested in promoting homeopathy for healthy pregnancy and breastfeeding.

**Other life interests:** I love exploring nature with my daughter Rowan; being outdoors, camping, hiking, kayaking, gardening. I am interested in environmental and social justice issues.

**Vision for CSH:** I believe that CSH can play a vital role in promoting awareness of homeopathy and advocating on behalf of homeopaths to further establish our profession. CSH aims to be representative of the diversity within the profession, and independent of any particular School; I think these are critically important factors in a professional society.

**How you would contribute to CSH as a Director:** I hope to contribute skills gained from previous work with community organizations in strategic planning, campaigns, and public education. I bring skills in group process and consensus building and I try to be an 'unprejudiced observer' and contribute what is needed.

**Favourite aphorism:** #9: "In the state of health the spirit like vital force...reigns in supreme sovereignty...it maintains the sensations and activities of all the parts of the living organism in a harmony that obliges wonderment... The reasoning spirit...can thus freely use this healthy living instrument to reach the lofty goal of human existence."